

October 15 - 19, 2018



# Bear Tracks

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Visit our Website: [www.mbs.sd23.bc.ca](http://www.mbs.sd23.bc.ca)

Follow us on Twitter @ MBSSBears

Follow us on Instagram - @mbsbears

## IMPORTANT DATES

### THIS WEEK

<b>Oct. 15</b>	<b>2143</b> 9:00 am – Outdoor Ed 9 @ Telemark 11:50 am – Pachos for sale 11:50 am – Diversity Club meeting @ 007 12:30 pm – Outdoor Ed 9 @ Telemark 5:45 pm – PAC meeting
<b>Oct. 16</b>	<b>6587</b> 4:00 pm – Biology 12 (Outside Timetable class) @ Cancer Centre
<b>Oct. 17</b>	<b>2143 (adjusted bell schedule)</b> 1:25 pm – Early Dismissal 5:00 pm – Parent Teacher Conferences
<b>Oct. 18</b>	<b>6587</b> BC Student Leadership Conference @ Rockridge Canyon 11:50 am – Goody Thymes Gardening Club @ 137
<b>Oct. 19</b>	<b>Pro-D (no school)</b> BC Student Leadership Conference @ Rockridge Canyon

### NEXT WEEK

<b>Oct. 22</b>	<b>4321</b> 9:00 am – Outdoor Ed 9 @ Telemark 11:50 am – Diversity Club @ 007 11:55 am – Spanish 12 @ Dos Jarros 12:30 pm – Outdoor Ed @ Telemark 2:05 pm – University of Alberta presentation @ Career Centre 7:00 pm – Dry Grad meeting @ library
<b>Oct. 23</b>	<b>8765</b> Cross Country running valleys @ Stake Lake
<b>Oct. 24</b>	<b>4321</b> Photo Retakes Outdoor Ed 9 @ Okanagan Mtn Park 11:50 am – Board Club @ 007
<b>Oct. 25</b>	<b>8765</b> Outdoor Ed 9 @ Okanagan Mtn Park 11:50 am – Good Thymes Gardening 2:05 pm – University of Calgary presentation @ Career Centre
<b>Oct. 26</b>	<b>4321</b> Outdoor Ed 9 @ Okanagan Mtn Park

## PARENT/STUDENT INFORMATION

### **Parent/Teacher Interviews & Early Dismissal Day October**

Students at MBSS will be dismissed at 1:22 pm on Wednesday, October, 17<sup>th</sup>. Interviews are scheduled from 5:00 pm – 7:00 pm. The interviews on October 17<sup>th</sup> will be an open format in the gymnasium. No appointment is necessary. If these times do not work for you, please discuss alternate options directly with the teachers.

<http://www.mbs.sd23.bc.ca/Contact/StaffDirectory/Pages/default.aspx>

### **Early Dismissal Day Schedule**

9:00 - 9:58 am	<b>2</b>
9:58 - 10:03 am	<b>Transition</b>
10:03 – 11:01 am	<b>1</b>
11:01 – 11:22 pm	Break
11:24 – 12:22 pm	<b>4</b>
12:22 - 12:27 pm	<b>Transition</b>
12:27 – 1:25 pm	<b>3</b>

### **Student ID Cards**

Those students who have not received their ID card yet, please come to the office to do so.

### **2019 Prime Minister's Awards**

As part of the Prime Minister's World Teacher's Day, the 2019 Prime Minister's Awards competition is now open! Teachers play an important role helping to build the next generation of successful, caring, and creative Canadians. We all remember a teacher that changed our lives. The Prime Minister's Awards for Teaching Excellence, Teaching Excellence in STEM, and Excellence in Early Childhood Education honour exemplary teachers and early childhood educators who are preparing our youth for the innovation economy. Prime Minister's Awards recipients can receive: Cash awards worth up to \$5,000/A certificate from the Prime Minister/National recognition and promotion of their best teaching practices. Consider nominating an educator for a 2019 Prime Minister's Award! Download your nomination package today by visiting their website at [www.pma.gc.ca](http://www.pma.gc.ca). Submit your nomination electronically or by mail before January 14, 2019.

**Pachos** for sale on Monday, Oct. 15<sup>th</sup>.

### **MBS Bear Wear**

Order forms are now available in the office or school store to order Bear Wear clothing. All orders are due by October 31<sup>st</sup> and must have a cheque or cash attached to the order form.

### **Angst Video Presentation: raising Awareness Around Anxiety**

October 16<sup>th</sup> – KSS Drama Room

1:45 pm – 2:45 pm, 6:30 pm – 7:30 pm

Angst is a 43-minute film that explores anxiety its causes, effects and what we can do about it. The filmmakers' goal is to have a global conversation and raise awareness around anxiety. Angst features candid interviews with kids and young adults who suffer, or have suffered, from anxiety and what they've learned about it. The film

includes discussions with mental health experts about the causes of anxiety and its sociological effects, as well as help, resources and tools.”

### Big White Afterschool Program

Dates for the After School Program, along with all relevant program information has been posted on the website (link below). **Online registration will be open soon!** In order for families to get the best deal possible, they must register before December 16th! The cost for 3 nights of round trip transportation, 3 meals, 3 lift tickets and 3 lessons is only **\$153.00 + tax before December 16th**. After December 16th, the price increases to \$193.00  
[After School Program Web Page](#)

### Strings Club

Strings club is open to all students interested in learning to play a stringed instrument such as Guitar, Bass, Violin, Cello, Ukulele etc. The club meets every two weeks on 5678 Fridays at lunch in the Choir room. Come learn and play music together, no experience required. Must have your own instrument.

### WEST KELOWNA BLOOD DONOR CLINIC – DONORS NEEDED!

At LAKEVIEW HEIGHTS BAPTIST CHURCH  
 2630 Alhambra Drive

**MONDAY, OCTOBER 22<sup>nd</sup> from Noon to 6:45 pm**

For individual appointments please book now at [www.blood.ca](http://www.blood.ca) /GiveBlood APP or 1 888 236 6283.  
 For groups for 3 or more please email [gayle.voyer@blood.ca](mailto:gayle.voyer@blood.ca) and we will send you sign up sheets.  
**PLEASE CHECK YOUR ELIGIBILITY BEFORE BOOKING AT: <https://myaccount.blood.ca/en/eligibility-quiz>**

### ATHLETICS

Mount Boucherie offers a variety of sports in all three seasons of play. Please visit our Athletic page on our website for more information: <http://www.mbs.sd23.bc.ca/ProgramsCourses/Athletics>

The school calendar (<http://www.mbs.sd23.bc.ca/Calendar/calendar.aspx>) will have the games posted for your reference. Please visit there often as changes can happen daily.

Oct. 15	Oct. 16	Oct. 17	Oct. 18	Oct. 19	Oct. 20
	5:00 pm – Jr. Boys V-ball @ Dr. Knox 5:00 pm – Sr. Girls V-ball host OKM 7:00 pm – Sr. Boys V-Ball host OKM	3:30 pm – JV Football v RSS @ Mar Jok 4:00 pm – Boys Soccer @ KSS 4:30 pm – Cross country running zones @ Crawford Estates 4:30 pm – Field Hokey v OKM @ Mission Turf	5:00 pm – Gr. 9 & 10 Girls V-ball @ Dr. Knox	Gr. 10 Girls V-ball @ Princess Margaret Jr. Boys V-ball @ Princess Margaret 2:30 pm – Varsity Football @ Lord Tweedsmuir (Surrey)	Gr. 10 Girls V-ball @ Princess Margaret Jr. Boys V-ball @ Princess Margaret

### GRADUATION

All **graduation information and deadlines** for grade 12 students, can be found on our MBSS website: <http://www.mbs.sd23.bc.ca/Students/Graduation>

### Dry Grad

All parents are invited to attend the first Dry Grad meeting on Oct. 22<sup>nd</sup> @ 7:00 pm in the library.

## **UPCOMING POST SECONDARY VISITS:**

October 17: Mount Royal University for Indigenous Students: 11:00 am - in the Gathering Room.  
October 22: University of Alberta: 2:05 pm  
October 25: University of Calgary: 2:05 pm  
November 1: University of McGill: 10:30 am  
November 7: Okanagan College: 2:05 pm  
November 14: Queen's University: 2:05 pm  
November 29: Mount Royal University: 10:30 am  
November 29: University of Western Ontario: 2:05 pm

\*All presentations will be held in the Career Centre unless noted otherwise.

**MOUNT ROYAL UNIVERSITY (Calgary)** will be doing a special post-secondary presentation for our Indigenous students in the Gathering Room on October 17 at 11 am. Grades 10-12 students are welcome to attend.

Interviews for the **Rotary Youth Exchange Program** will be held at Mount Boucherie on October 17. All applicants chosen to be interviewed will be contacted in advance.

**THE UNIVERSITY OF ALBERTA** is hosting their annual **OPEN HOUSE** on Saturday, October 20<sup>th</sup> from 9 to 4 pm at the Butterdome, U of A North Campus, in Edmonton. For more information go to: [uab.ca/openhouse](http://uab.ca/openhouse)

**Graduation fees:** are payable online at: <https://centralokanagan.schoolcashonline.com/> Payment plans may be arranged, please make an appointment with your student's vice-principal. A list of the fees can be found here: <http://www.mbs.sd23.bc.ca/Students/Graduation/fees>

## **CAREER LIFE PROGRAMS**

Please visit the Career Centre for information or further details on any of the following:

**Students are encouraged to keep checking our bulletin board in the MPR and the Career Centre for volunteer opportunities.**

**Earn your 30 hours for graduation now!!**

### **Volunteer Opportunities:**

\*\*See Mrs. Rouleau in the Career Centre for more information about these opportunities\*\*

- ❖ **NEW** – **PEACHLAND HALLOWEEN SPOOKTACULAR** – Saturday, October 27<sup>th</sup> – Volunteers needed from 12:30pm – 4:00pm to help with crafts and face painting.
- ❖ **FAMILY MONSTER BASH** - Sunday, October 28<sup>th</sup> at the Capital News Centre - Volunteers are needed to set up and host this fun Halloween event for children and their families. Applications are available in the Career Centre. Deadline to apply is Thursday, October 18<sup>th</sup>.
- ❖ **KELOWNA VISITOR'S CENTRE** – Looking for a few friendly, energetic students to welcome visitors to Kelowna.
- ❖ **COMPUTER TUTORS** - Do you love working with technology?? Help seniors from the community learn to use their smartphones, laptops, tablets, etc. Thursdays in the Career Centre from October 25<sup>th</sup> – November 15<sup>th</sup>

- ❖ **VILLAGE AT SMITH CREEK** – Seeking student volunteers to spend time with the senior residents listening to music, doing manicures, playing games, knitting, etc. Application instructions are available in the CC.

## **UBCO SCHOOL OF ENGINEERING COMMUNITY OPEN HOUSE**

Thursday October 25 – 5:30PM – 8:30PM

Everyone is welcome

### **RSVP REQUIRED**

Want to know more about the Applied Science undergrad program? What it is like to be an engineering student at UBC-O?

### **FREE EVENT – LIMITED SEATING – REGISTRATION REQUIRED**

Location: **Innovation Center** (Downtown)

2 Sessions: **5:30-7:00** & **7:00-8:30**

- An overview of the Applied Science undergraduate program
- “TED Talk” style School of Engineering research presentations
- Student/Faculty panel
- Question Period

To Register: <http://www.eventbrite.ca/e/2018-school-of-engineering-community-open-house-tickets-50552123763>

*The Achieve Anything Foundation inspires female future leaders in high tech fields, from shop floor to top floor, with incredible hands-on experience events.*

**APPLY NOW!!! FREE EVENT!** [www.achieveanything.ca/thisisyou.html](http://www.achieveanything.ca/thisisyou.html)

## **Achieve Anything Foundation’s Operation: This IS You! - Day Sail on a Warship with the Royal Canadian Navy**

LOCATION: Esquimalt, BC

Saturday October 20, 2018 – 0900 (ish) -1600

*\*\*Please note we'll be adjusting the check-in time to account mainlanders catching the first ferry\*\**

**Restrictions:** *Minimum Age - 12 Years, no upper limit. Mom’s encouraged to apply with their daughters (each must use a unique email address).*

This day sail should be particularly exciting as we’ll be getting the debut SAR demo from the Royal Canadian Air Force’s brand new Sikorsky CH-148 Cyclone helicopter. Activities include tours of ship duty stations, crew quarters and operational equipment; RCAF joint search and rescue demonstration, ship firefighting simulation, and demonstration of the warship’s impressive maneuvering capabilities. Lunch will be provided.

## **Okanagan College – Trades**

### **SHEET METAL INFO SESSION – All attendees will be entered to WIN a stainless steel meat smoker!**

Wednesday, October 24<sup>th</sup> from 5pm – 7pm, Trades Training Complex Atrium

Sheet Metal Workers play a crucial role in new development, interior/exterior renovations, commercial kitchens, hospital equipment, roofing, marine applications, and more. Right now, there are lots of local Okanagan companies looking to hire certified Sheet Metal Workers. Attend this info session to learn more about the program and career options.





# Legion Youth Remembrance Contest

## INFORMATION FOR TEACHERS

### Dear Teachers in B.C. and Yukon,

Honouring Veterans through the arts leaves a lasting legacy and we ask for your help in continuing to do so by encouraging your students to enter our *Youth Remembrance* contests.

The Legion's *Youth Remembrance* contests have categories for all students in grades 1 through 12. This is a great way to engage your student's talents through artistic expression, while learning about duty, service, and sacrifice.

Teaching tools, samples of past winners, judging guidelines, entry forms, and all of the rules and regulations are available on-line at [legion.ca/youth/contests](http://legion.ca/youth/contests). We've also included a few samples of these items in this package for your convenience.

Contest deadlines for all categories is **November 15<sup>th</sup>**. Entries must be submitted at your local Legion branch on or before that date. **All contest submissions must include a completed entry form.**

### Contest Categories:

#### Poster – Grades 1-12

Separate categories in Black & White and Colour. Provincial cash prizes range from **\$100 to \$250** and **a trip to Victoria** for Senior Winners; National cash prizes from **\$150 to \$1,000** and **a trip to Ottawa**.

#### Essay– Grades 4-12

Provincial cash prizes range from **\$150 to \$250** and **a trip to Victoria** for Senior Winners  
National cash prizes from **\$200 to \$1000** and **a trip to Ottawa**.

#### Poetry – Grades 4-12

Provincial cash prizes range from **\$150 to \$250** and **a trip to Victoria** for Senior Winners;  
National cash prizes range from **\$200 to \$1,000** and **a trip to Ottawa**.

#### Video – Grades 7-12 (BC & Yukon Residents Only)

Provincial cash prizes range **from \$250 to \$1000** and **a trip to Victoria** for Senior winners.

***Please help us get the word out and inspire greatness from the young people in your care. Engage your colleagues, friends, and families by sharing contest information in your school, on your school website, on your Facebook page, and more!***



For more information, please go to  
[Legionbcyukon.ca/content/youth-contests](http://Legionbcyukon.ca/content/youth-contests)